

ANNOUNCING NEW ENGLISH BOOK RELEASE BY ZEN MASTER THÍCH TUỆ HẢI

ESSENCE OF PRAJÑĀPĀRAMITĀ: IHA ŚĀRIPUTRA! (TINH TÚY BÁT NHÃ BA LA MẬT ĐA: NÀY XÁ LỢI PHẤT, NGAY HIỆN TIỀN NÀY!)

Commentary by Zen Master Thích Tuệ Hải Compiled and translated by Milam Sudhana Edited by Oliver K. Luu Published by Ekayana Zen Publications (8/2023) Paperback, hardcover and ebook versions are available for purchase on Amazon: <u>www.amazon.com</u>

"Translating these words as 'in the very vivid presence, the moment the Noble Awakened Being deeply immersed in the Perfect All-Transcendent Wisdom, he thoroughly penetrated all five aggregates, and had a lucid, direct knowing of their essence as being Void' means that we have been emancipated from the very first sentence! As such, the content of the Prajñāpāramitā text is now describing something very transcendental at the wisdom level of an expert, realized practitioner. The contextual meaning has been brought to a highly specialized level in Buddhism, and is no longer simply a theory of the mind as it has mostly been depicted in the past.

Therefore, after we finished editing this rendition in the summer of 2019 according to our aspiration, I said that since I was very content with this Buddhist work, and had I passed away right then, I would still feel perfectly complete, because in this lifetime, I was able to contribute such a rendition of this marvelous scripture to the world of Buddhism."

Zen Master Thích Tuệ Hải

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A Brief Introduction (Excerpted from the Translator's Introductory Commentary)

It is said that *Essence of Prajñāpāramitā* (commonly known as the Heart Sutra) alone can really go to the very core of the Buddhist teachings on emptiness, void or Voidness and by analyzing its historical existence and by restoring its component parts to their context in the Prajnaparamita Sutras, we can gain all the necessary understanding on emptiness, void or Voidness. As Buddhist learners and practitioners, we can never ever undervalue Buddha's teachings on the nature of emptiness, the negation of the inherent existence of all things and

phenomena. Leaving the religious aspects aside, this very nature, or this natural functional mode of all things, is the very backbone of our current beingness which includes our physical and mental aggregates. Moreover, it is actually based on this lack of inherent self-nature that we can put a stoppage to our grasping and can come to directly see how everything lacks an independent existence. Although things seem to appear independently, they actually come into being interdependently. We call this the wisdom of emptiness of self-nature or the wisdom of emptiness based on illusive interdependent conditions of relative phenomena. This emptiness of relative, conditioned, constructed or fabricated phenomena, can be the basis for our understanding of the lack of inherent nature of all things; however, we should expand and go beyond this view if we truly want to fathom the *Voidness or Signlessness of the state of ultimate reality in the very vivid presence!*

Thus, as far as the *Essence of Prajñāpāramitā (Core Essence of the Perfect All-Transcendent Wisdom)* scripture is concerned, Zen Master Thich Tue Hai has been singleminded to take on the argument that there is so much more we can learn from this scripture than simply presenting it as an abstract discourse and solely relying on the theoretical abstruse aspects of emptiness as it has been taken for granted for generations. Such an approach will only give us theoretical and analytical answers, and will not allow us to fathom the perfect truth – the utter emancipation which the realized masters have reached, and we, too, are aspired to reach. Through his meditative absorption and wisdom insight, Zen Master Thich Tue Hai single-mindedly wants to bring out from this scripture is *the experiential aspects of true realization of the state of pure Voidness or true existence in the very vivid presence*, which, for so long, have been avoided or neglected in contemporary discourses on the so-called Heart Sutra.

So in short, after being equipped with the fundamental recognition of the emptiness, the practitioners can further penetrate and go beyond their own five aggregates which themselves are empty of independent, self-nature. Then, the practitioners continue to expand the subtle mind and its state to surpass its own conscious loftiness and vastness until there is no more mind, no more person, and no more self – a state of total self-clarity and total self-simplicity, where "void is exactly form and form is exactly Void." It is the state of noumenal *Voidness* in the very vivid presence, devoid of all interdependent phenomena, characteristic signs, as well as time and space, the state of perfect awakening where there only exists the universal totality all-pervasive spacious wisdom beyond mind itself. This is exactly the understanding, the insights and the realization that Zen Master Thích Tuệ Hải, would like for all of us, devoted Buddhists, aspiring Buddhists, concerned students of Buddhism, even those who are considered non-Buddhists, in the world, to undeviatingly reap from this scripture.

You may also check out some sample readings on this special page dedicated to the ESSENCE OF PRAJNAPARAMITA: IHA SARIPUTRA! (A New Transcendental Translation of the Core Essence of the Perfect All-Transcendent Wisdom - Formerly Known as the Heart Sutra): <u>https://ekayanazen.com/essence-of-prajnaparamita</u>