



INTERNATIONAL BUDDHIST CONFEDERATION
Collective Wisdom United Voice

PROGRAM

Fourth International Conference on Vajrayāna Buddhism

Modernity of Buddhism

ལྷུང་ལྷོ་གསལ་སྤྱི་གསལ་རྩོམ་སྲིད་ལོ་རྒྱུས་འཛུལ་མཁའ་མཁའ་བཞུགས་པ།

Zhichenkhar, Centre for Bhutan & GNH Studies, Langjophakha

1-4 October 2022

OPEN TO PUBLIC

Organized by the Central Monastic Body and the Centre for Bhutan & GNH Studies
with support from International Buddhist Confederation, India

SUBJECT TO CHANGE

WELCOME DINNER, 30 September 2022 (by invitation only)

Duration (Minute)	Time (Start)	Time (End)	Activity
0:30	16:30	17:00	Registration and Tea/Coffee
0:05	17:00	17:05	Guests and participants to be seated
0:10	17:05	17:15	Arrival of His Excellency Lyonpo Ugyen Dorji, Hon'ble Minister of Home and Cultural Affairs, and <i>Marchang</i> offering
0:10	17:15	17:25	Welcome Remarks by Dasho Karma Ura, President of CBS
0:15	17:25	17:40	Keynote Address by the Hon'ble Minister
0:15	17:40	17:55	Address by His Eminence Tshugla Lopön Khenchen Karma Rangdrol, Central Monastic Body of Bhutan (Translator: Khenpo Phuntsho Gyeltshen)
0:15	17:55	18:10	Address by His Excellency Shri Sudhakar Dalela, Ambassador of India to Bhutan
0:15	18:10	18:25	Address by Ven. Dr Dhammapiya, Secretary General, International Buddhist Confederation
0:20	18:25	18:45	Cultural Program
0:10	18:45	18:55	Vote of Thanks by Laytshog Drungchen Khenpo Ugen Namgyel, Central Monastic Body
1:00	18:55	19:55	Dinner

DAY 1: SATURDAY, 1 OCTOBER 2022

Opening Ceremony

Duration (Minute)	Time (Start)	Time (End)	Activity
0:20	8:30	8:50	Registration and Tea/Coffee
0:05	8:50	8:55	Guests and participants gather at the courtyard
0:10	8:55	9:05	Arrival of His Eminence Tshogki Lopön Khenchen Sangay Khandu with <i>Chipdrel</i> procession and <i>Marchang</i> offering
0:05	9:05	9:10	Photo session at the courtyard
0:20	9:10	9:30	Address by His Eminence Tshogki Lopön, Central Monastic Body of Bhutan (Translator: Khenpo Phuntsho Gyeltshen)
0:10	9:30	9:40	Address by Most Ven. Mugunuwela Anuruddha Thero, Secretary General, All Island Buddhists Temple and Society Protection Board & General Secretary of World Buddhist Sangha Youth, Sri Lanka
0:10	9:40	9:50	Address by Ven. Karunanand Thero, Bangladesh Bouddha Kristi Prachar Sangha, Bangladesh
0:20	9:50	10:10	Address by Trulku Tenzin Woser Rinpoche, Gelug Foundation, India
0:25	10:10	10:35	Tea/Coffee and Cultural Program

Panel 1: Mind-Body Practices in Vajrayāna Buddhism

Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	10:35	10:40	Session Chair: Dasho Zangley Dukpa
0:25	10:40	11:05	Niguma Yoga: Tsalung Trulkhör in the Shangpa Kagyu Lineage of Tibetan Buddhism His Eminence Kalu Rinpoche

0:25	11:05	11:30	Tsalung Trulkhor in Contemporary Vajrayāna Buddhist Practice: An Experiential Introduction to Mind and Body Exercises from the Namchö (Sky Dharma) Tradition Dolpo Tulku Sherab Zangpo Rinpoche
0:20	11:30	11:50	From Stress to Flow: Examining the Efficacy of Breath-Movement Practices in Haṭha Yoga and Vajrayāna Buddhism Ellen Johannesen
0:15	11:50	12:05	What Does Wim Hof Have to Do with It? Vajrayāna, Science, and the Study of gtum mo Diane Fereig
0:20	12:05	12:25	The Tummo of Daoism: Inner Alchemy or Nei Dan Damien Mitchell
0:25	12:25	12:50	Q&A
1:00	12:50	13:50	Lunch (<i>At Gyalwai Gyalkhang for VIPs and terrace for the rest. It will be served at 11:30 for the Theravada monks</i>)

Panel 2: Vajrayāna Buddhism in the West

Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	13:50	13:55	Session Chair: Dr Christie Chang
0:15	13:55	14:10	Western Vajrayāna? The Complex Dynamics of Tantric Buddhist Spiritual Formation and Meaning Making within the Western Cultural Milieu Lama Justin Laszlo von Bujdoss
0:15	14:10	14:25	Interface between Buddhism and Business Prida Tiasuwan
0:20	14:25	14:45	Vajra Yoga, a Global Adaptation and Evolving Form of Vajrayāna Buddhism in the West Michele Gwynn Loew & Robert A. F. Thurman
0:15	14:45	15:00	Beyond Mindfulness: Bridging Buddhism and Modern Psychology Dr Anne Marie Tietjen
0:20	15:00	15:20	ཐེག་པ་སྤྱི་ལོ་རྣམ་བཞག་དང་གསང་སྤྲུག་མ་དོན་ཐེག་པ་ལྷན་དུ་འཕགས་པའི་སྐོར། མཁན་ཆེན་ཀུན་བཟང་འཕྲིན་ལས། (Translator: Khenpo Phuntsho Gyeltshen)
0:25	15:20	15:45	Q&A
0:20	15:45	16:05	Tea/Coffee and Cultural Program

PARALLEL SESSION 1

Duration (Minute)	Time (Start)	Time (End)	Vajrayāna's Values and Ethics	Vajrayāna in Daily Life
0:05	16:05	16:10	Session Chair: Dr Tsewang Dorji	Session Chair: Adrian Nelson Baker
0:15	16:10	16:25	Radical Freedom: Vajrayāna's Values and Ethics in Cross-Cultural Dialogue Eli Jellenc	Promise and Process: Contemporary Application of Tantric Samayas Mé-tsal Wangmo & Ja'gyür Dorje
0:15	16:25	16:40	Buddha and Nature as Depicted in Aśvaghōṣa's Buddhacarita Phuong Minh Nguyen	A Comparative Study of Dāna in Monastic and Lay Traditions Bhikkhu Minh Nhan
0:15	16:40	16:55	Emergence and Development of the Vajrayāna Buddhist Constitutionalism Tur-Od Lkhagvajav	The Path to Wisdom through the Threefold Wisdom of Listening, Reflection, and Practice in Buddhism Duong Thi Kim Uyen
0:15	16:55	17:10	A Case of Plural Modernities: Revisiting the 'Political' in Bhutan Dr Medha Bisht	The Magic of Death and the Joy of Simply Being Ivana Gligoric
0:20	17:10	17:30	Q&A	
1:30	17:30	19:00	Break for Dinner (<i>at your respective hotels for guests/speakers</i>)	

SPECIAL PROGRAM

1:30	19:00	20:30	Niguma Yoga: Teaching and Demonstration His Eminence Kalu Rinpoche Moderator: Dr Ian Baker	
------	-------	-------	--	--

DAY 2: SUNDAY, 2 OCTOBER 2022

Panel 3: Buddhism & Medicine

Duration (Minute)	Time (Start)	Time (End)	Activity
0:10	8:30	8:40	Registration and Tea/Coffee
0:05	8:40	8:45	Session Chair: Ven. Lim Say Fon
0:25	8:45	9:10	Tantra and Medicine Dr Nida Chenagtsang
0:15	9:10	9:25	The Four Medical Tantras Dr Lhakpa Dolma
0:15	9:25	9:40	Infallible Truths and Interdependence: Applying the Medicine Buddha's Teachings during the COVID-19 Crisis Dr Nashalla G. Nyinda
0:15	9:40	9:55	Dharma Practice and Mental Health - A Psychiatrist's Perspective Caroline Van Damme
0:20	9:55	10:15	Healing Yoga of the Kalachakra Tradition: Finding Pure Lands in Modern Times Christiana Polites
0:25	10:15	10:40	Q&A
0:20	10:40	11:00	Tea/Coffee and Cultural Program

Panel 4: Vajrayāna and Modernity

Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	11:00	11:05	Session Chair
0:20	11:05	11:25	Path of Desire: Practicing Vajrayāna in the Modern World Shar Khentrol Jamphel Lodrö
0:20	11:25	11:45	Vajrayāna Buddhism in a Modern World: Reflections on Current Challenges and Realities Lama Rangbar Nyima Ozer/Adam Frank Louis Friedensohn
0:15	11:45	12:00	The Geo-Politics of Reincarnation: Tibetan Buddhism in a Modern Contested World Prof. Dibyesh Anand
0:20	12:00	12:20	Buddhism and Modernity: Forgotten Threads in the Indian Tapestry Dr Maya Joshi
0:20	12:20	12:40	དབང་བཞིའི་སྐོར། མཁན་པོ་ལོ་རྒྱུ་ལ་མཚོན། (Translator: Khenpo Phuntsho Gyeltshen)
0:25	12:40	13:05	Q&A
1:00	13:05	14:05	Lunch (<i>At Gyalwai Gyalkhang for VIPs and terrace for the rest. It will be served at 11:30 for the Theravada monks</i>)

Panel 5: Buddhism in the Digital Age

Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	14:05	14:10	Session Chair: Dr Damenda Porage
0:20	14:10	14:30	Buddhism and Artificial Intelligence: Body, Speech, and Mind Dr Nitasha Kaul
0:15	14:30	14:45	Buddhism in the Digital Age & Metaverse: Challenges and Opportunities Dr Lye Ket Yong
0:20	14:45	15:05	Development of “Tera-Platform AR Ver1.0”, Augmented Reality (AR) to Meet and Talk with Buddha: Towards the Establishment of Buddhist Metaverse “Tera-verse” Dr Seiji Kumagai & Toshikazu Furuya
0:15	15:05	15:20	Text and Material Culture and their Transmission in the Digital Age Tierney Brown
0:15	15:20	15:35	Digital Continuity: Conservation and ReCreation Ann Shaftel
0:25	15:35	16:00	Q&A
0:20	16:00	16:20	Tea/Coffee and Cultural Program

PARALLEL SESSION 2

Duration (Minute)	Time (Start)	Time (End)	Evolving Buddhist Traditions	Mindfulness and Wellbeing
0:05	16:20	16:25	Session Chair: Dr Chencho Dorji	Session Chair
0:15	16:25	16:40	In Deities We Unite – Social Media Affordances, Discourse Analysis and Vajrayāna Practices in Bhutan Dr Dorji Wangchuk	Concept of Mindfulness (Sati) and its Role in Insight Meditation (Vipassanā) Prof. Bimalendra Kumar
0:15	16:40	16:55	The Digital Self: An Exploration of the Buddhist Concept of Anattā in the Age of Social Media Mary Therese & Peter Dean	Microphenomenological Investigation of Mindfulness: Multicultural Philosophy and Theoretical Understanding of Agency and Self Abhishek Tripathi
0:15	16:55	17:10	Decoding the representation of Ushnishnavijay-dharani Sutra in Siddham Script and its Evolution Across Various Languages Anirban Dash	The Role of Mindfulness in Academic Performance and Social and Emotional Learning Skills of Post-Graduate Diploma Students Ugyen Lhendup and Lungten Norbu
0:20	17:10	17:30	The Evolution of Buddhist Temples in India Yash Dixit	Meditative Gong Therapy: The Use of Sound For Healing and Transformation in the Modern World Frances Bak, Kheng Sonam Dorji
0:25	17:30	17:55	Q&A	

DAY 3: MONDAY, 3 OCTOBER 2022

Panel 6: Tantra Geographies

Duration (Minute)	Time (Start)	Time (End)	Activity
0:10	8:30	8:40	Registration and Tea/Coffee
0:05	8:40	8:45	Session Chair: Monika Vazirani
0:25	8:45	9:10	The Geography of Enlightenment: Revisiting Pure Realms (<i>zhing khams</i>), Power Places (<i>gnas</i>), and Hidden Lands (<i>sbas yul</i>) in Vajrayāna Buddhism Dr Ian Baker
0:20	9:10	9:30	Sanctifying the Himalayan Landscape: Guru Rinpoche as an Environmental Avatar Dr Elizabeth Allison
0:15	9:30	9:45	Longchenpa in the Wildwoods: Reflections on Modernity, Vajrayāna, and Deep Ecology Amelia Hall
0:20	9:45	10:05	Vajrayāna Buddhism in Bhutan and its Current Scenario Khedrup Rinpoche
0:15	10:05	10:20	Citadels of Conservation: Mapping Spiritual Landscapes, More-than-Human Worlds, and Territories of Protection in Bhutan David Hecht & Gyempo Wangchuk
0:25	10:20	10:45	Q&A
0:20	10:45	11:05	Tea/Coffee and Cultural Program

PARALLEL SESSION 3

Duration (Minute)	Time (Start)	Time (End)	Myths and Legends	Social Engagement in Buddhism
0:05	11:05	11:10	Session Chair: Jasmine Pema Campbell	Session Chair: Gregor Heinz Verhufen
0:20	11:10	11:30	Proving Gesar: A Multicultural Approach Amalia Rubin	Socially Engaged Buddhism in the Mon Region, Arunachal Pradesh, India: A Study of Tsona Rinpoche's Contributions Tsering Ngudup
0:20	11:30	11:50	Gesar's Whip: The Horse as Mind Metaphor in Vajrayāna Buddhism Carroll Dunham	Between Karma and Social Engagement: Interdependence, Compassion, and Human-Environmental Relations in Bhutan Dr Ritu Verma
0:20	11:50	12:10	Buddhist Values from the Epic of Gesar of Ling – Insights from a Version from Arunachal Pradesh Timotheus Adrianus Bodt	The Influence of Buddhism on Chinese Philosophy and Tradition Tsering Samdup
0:20	12:10	12:30	Patriarchizing Matriarchal Myths: Understanding India's Sidelining of Buddhism Dr Sipoy Sarveswar	Music and Buddhism: Sound as a Form of Direct Transmission in Modern Times Simone Giuliani
0:25	12:30	12:55	Q&A	
1:00	12:55	13:55	Lunch (<i>At Gyalwai Gyalkhang for VIPs and terrace for the rest. It will be served at 11:30 for the Theravada monks</i>)	

Panel 7: Women in Vajrayāna

Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	13:55	14:00	Session Chair: Dr Tashi Zangmo
0:20	14:00	14:20	Reimagining Female Tantric Mystics in South Asia and the West: A Curatorial Perspective Imma Ramos-Taggart
0:15	14:20	14:35	Enlightened Fertility: Contemporary Discussions on Yeshé Tsogyal Katarina Stanisavljevic
0:20	14:35	14:55	Going Back to the Roots: Do the Vinaya and Vajrayāna Mix Well? A 21st Century Review of the Female and Yogic Roots of Vajrayāna, Vinaya Discipline, Male Monastic 'Takeover' of Secret Mantra Practice and The Invisible, Silent Female Consort Adele Tomlin

0:20	14:55	15:15	Minling Jetsun Migyur Paldrön's Contribution to the Dissemination of Vajrayāna Buddhism in the Sacred Land of Beyul Dremojong (Sikkim) Dr Jigme Wangchuk Bhutia	
0:25	15:15	15:40	Q&A	
0:20	15:40	16:00	Tea/Coffee and Cultural Program	
PARALLEL SESSION 4				
Duration (Minute)	Time (Start)	Time (End)	Visual Arts and Paintings	Bhikkunīs and Yoginīs in Vajrayāna Buddhism
0:05	16:00	16:05	Session Chair: Adam Dreisler	Session Chair: Karma Dendup
0:20	16:05	16:25	Feminine Manifestation of Vidyā and Dhāraṇī: An Iconographic Study of Buddhist Goddesses in Himalayan Art and Aesthetics Dr Abira Bhattacharya	Prominent Bhikkhunīs and Yoginīs in Vajrayāna Buddhism Karma Dhikik Bhutia
0:15	16:25	16:40	Evolution of Buddhist Mural Art Across the Indian Subcontinent - From Ajanta to Alchi to Tibet Harsha Nagaraju	Yoginī Traditions in Bhutan and Dākinī Practices in Vajrayāna Buddhism Tshering Choden
0:15	16:40	16:55	Yajñopavita and its Stylistic Chronology with Special Reference to Padmapāṇi Avalokiteśvara Sanjay Shakya	The Perfection of Two Early Bhikkhunīs of Bhikkhunī Saṃyutta and the Early Development of Non Dual Teachings of Emptiness Sourajit Ghosh
0:15	16:55	17:10	Presenting Tibetan Buddhism in China through Modern Tibetan Eyes: A Case Study in Pema Tsenden's and Sonthar Gyal's Films Renju Guo	Women and Yoginīs: The Formation of the Bhikkhunī Sangha by Sakyamuni Buddha Jaywant Khandare
0:20	17:10	17:30	Q&A	
1:30	17:30	19:00	Break	
0:45	19:00	19:45	"Hambo Lama Itigelov - Death does not exist" <i>A popular Russian film</i>	

DAY 4: TUESDAY, 4 OCTOBER 2022

Panel 8: Reflections on Form and Emptiness

Duration (Minute)	Time (Start)	Time (End)	Activity
0:10	8:30	8:40	Registration and Tea/Coffee
0:05	8:40	8:45	Session Chair: Khenpo Karchung
0:25	8:45	9:10	The Role of Visionary Encounters with Emptiness in the Jonang School of Tibetan Buddhism Prof. Dr. Klaus-Dieter Mathes
0:15	9:10	9:25	Conceptualizing Emptiness in Early Buddhist Literature Ven. Nguyen Thi Hanh
0:20	9:25	9:45	Chakras: True, False, or Secret? Dr Asa Hershoff
0:20	9:45	10:05	‘What’s in a Name?’ Rong-zom Chos-kyi-bzang-po’s General and Specific Teachings on the ‘Names’ of Mañjuśrī Nicola Bajetta
0:20	10:05	10:25	Concept of True Mind in Three Buddhist Traditions: A Critical Analysis Ven. Phan Anh Duoc & Ven. Ha Thi Kim Chi
0:25	10:25	10:50	Q&A
0:20	10:50	11:10	Tea/Coffee and Cultural Program

PARALLEL SESSION 5

Duration (Minute)	Time (Start)	Time (End)	Visualisation and Material Culture in Vajrayāna	Lineage and Traditions
0:05	11:10	11:15	Session Chair: Jampa Mackenzie Stewart	Session Chair: James E. Kelly
0:15	11:15	11:30	Onward and Upward: Pure Realm Practice and the Great Perfection (Dzogchen) Joseph H. Wagner	The Documents of Rgyal dbang Kun dga’ Dpal ‘byor as Primary Source of the Treatise of ‘Brug pa Bka’ brgyud Lineage Dr Rigzen Gurmet
0:20	11:30	11:50	The Object of Purification and Crucial Techniques in Generation Stage Deity Yoga Practice Khenpo Namgay Wangdi	སྤྲུངས་ཐང་བདེ་བ་ཚེན་པོའི་ཕོ་བླ་མ་ལྷ་མོ་ལ་མཐར་ཕྱིན་པའི་ ཟངས་དཀར་སྒྲ་མ་བཞུགས་པའི་རྗེ་མཆོག་གི་སྤྱོད་ཚུལ་ཐང་དང་ འབྲུག་པ་བཀའ་བརྒྱུད་ཀྱི་བསྟན་པ་དར་རྒྱས། Tsewang Gyaltzen
0:20	11:50	12:10	The Realms of Shambhala: The Geology of Stone Jewel Mountain Israel Polonio	Amṛtavajra’s Dohākośatikā: An Unconventional Interpretation of Kṛṣṇacaryāpā’s Dohā as an Utpannakrama-Practice Manual Julian Schott
0:15	12:10	12:25	Supply, Innovation and Continuity in the Use of Human Remains for Vajrayāna Ritual Objects Dr Ayesha Fuentes	‘Charyapadas’: Treasures of the Vajrayāna Tradition in Bengal, India Dr Aniket Mahapatra & Dr Payel Sarkar
0:25	12:25	12:50	Q&A	
1:00	12:50	13:50	Lunch (At Gyalwai Gyalkhang for VIPs and terrace for the rest. It will be served at 11:30 for the Theravada monks)	

Panel 9: Skillful Techniques in Vajrayāna

Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	13:50	13:55	Session Chair
0:20	13:55	14:15	Buddhism and Tea: History, Cognition, and Biochemistry Prof. George van Driem
0:20	14:15	14:35	རྒྱུད་སྤྱོད་བཞུགས་པའི་སྤྱོད་ཚུལ་ཐང་དང་ (Translator: Khenpo Phuntsho Gyeltshen)

0:20	14:35	14:55	The Rainbow Body or Body of Light as a Body Without Organs: Methodology, Death Technologies and Ethics in Indo-Tibetan Buddhism and the Philosophy of Deleuze and Guattari as Praxis Maria Kli
0:15	14:55	15:10	Dark Retreat (mun mtsham): Narrative Analysis of Illuminating the Darkness by the Light of Dark Ven. Choten Dorji
0:25	15:10	15:35	Q&A
0:20	15:35	15:55	Tea/Coffee and Cultural Program
Closing Ceremony			
Duration (Minute)	Time (Start)	Time (End)	Activity
0:05	15:55	16:00	Arrival of His Eminence Lopön from the Central Monastic Body
0:25	16:00	16:25	Summary Report of the Conference
0:15	16:25	16:40	Address by Did Khambo Lama Tsyren Dondukbaev, Trans-Baikal Territory, Russia
0:20	16:40	17:00	Address by Yab Loboem Tempa Gyatso, the Geydrol Holder of Sangchen Pemayangtse, Sikkim
0:30	17:00	17:30	Address by His Eminence Lopön
0:10	17:30	17:40	Vote of Thanks by Laytshog Drungchen, Khenpo Ugen Namgyel
0:30	17:40	18:10	Cultural Program
DAY 5: WEDNESDAY, 5 OCTOBER 2022			
Excursion to Punakha (for international participants and CBS staff only)			
Duration (Minute)	Time (Start)	Time (End)	Activity
0:30	6:30	7:00	Breakfast
1:30	7:00	8:30	Start journey from Thimphu
0:30	8:30	9:00	Reach Dochula Pass Serving of tea and snacks
1:30	9:00	10:30	Resume journey from Dochula towards Punakha
0:30	10:30	11:00	Reach Punakha Offering of ceremonial scarf (<i>khadar</i>) to His Eminence Laytshog Lopön at Punakha Dzong Serving of <i>suja</i> (butter tea) and <i>desi</i> (sweetened rice) Recitation of the seven-verse prayer to Guru Rinpoche Dance of <i>bzhengs zhig pad mo'i 'cham</i> (invocation dance of the Lotus Born)
1:00	11:00	12:00	Address by His Eminence Laytshog Lopön Guided pilgrimage of Punakha Dzong
1:00	12:00	13:00	Lunch at Punakha Dzong by Zhung Dratshang
0:30	13:00	13:30	Return from Punakha
1:00	13:30	14:30	Visit Chimi Lhakhang (the Fertility Temple) Resume journey towards Thimphu
2:00	14:30	16:30	Reach Thimphu